



# PROGRAM PLANNING GUIDE

**Name:** \_\_\_\_\_

**ID:**

## Bachelor of Arts

### Indigenous Studies



Indigenous studies explores art, law, philosophy, health, politics, history, gender studies, ecology, business, customs and language — all from a unique Indigenous perspective — making this one of the most sought-after programs of its kind in Canada. In this program, you'll have the opportunity to investigate First Nations', Métis and Inuit (FNMI) history, heritage and culture, as well as the contemporary issues that face FNMI communities. As a student of Indigenous Studies, you'll have access to Indigenous instructors, who are often nationally or internationally renowned, seasoned professionals with real-world experience.

#### What determines my program requirements?

Please refer to the Academic Calendar ([www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar)) for complete program information.

**Calendar Year:** 2025/2026 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

**Faculty/School:** Faculty of Arts and Science ([www.ulethbridge.ca/artsci](http://www.ulethbridge.ca/artsci))

**Program(s):** Bachelor of Arts

**Major(s):** Indigenous Studies

**Minor:** A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see [www.ulethbridge.ca/ross/minors](http://www.ulethbridge.ca/ross/minors).

#### Am I admissible to this program?

**Admission:** [www.ulethbridge.ca/ross/admissions/undergrad](http://www.ulethbridge.ca/ross/admissions/undergrad)

**Transfer:** [www.ulethbridge.ca/ross/transfer-resources](http://www.ulethbridge.ca/ross/transfer-resources)

#### When/How do I apply to the University?

**Deadlines:** [www.ulethbridge.ca/ross/admissions/undergrad/deadlines](http://www.ulethbridge.ca/ross/admissions/undergrad/deadlines)

**Step-by-Step:** [www.ulethbridge.ca/ross/admissions/step-by-step](http://www.ulethbridge.ca/ross/admissions/step-by-step)

#### Where can I find information on courses?

**Course Catalogue:** [www.ulethbridge.ca/ross/courses](http://www.ulethbridge.ca/ross/courses)

**Registration Guide:** [www.ulethbridge.ca/ross/registration-guide](http://www.ulethbridge.ca/ross/registration-guide)

#### When can I register for classes?

**Register early!** (March for Summer and Fall; November for Winter)

**Registration Dates:** [www.ulethbridge.ca/ross/registration-dates](http://www.ulethbridge.ca/ross/registration-dates)

#### How can I enhance my program?

**Career Bridge:** [www.ulethbridge.ca/career-bridge](http://www.ulethbridge.ca/career-bridge)

**Co-op Education:** [www.ulethbridge.ca/career-bridge/co-operative-education](http://www.ulethbridge.ca/career-bridge/co-operative-education)

**Honours Thesis:** [www.ulethbridge.ca/ross/undergraduate-thesis](http://www.ulethbridge.ca/ross/undergraduate-thesis)

**Double Major:** [www.ulethbridge.ca/ross/double-major](http://www.ulethbridge.ca/ross/double-major)

#### What supports are available to students?

**Student Services:** [www.ulethbridge.ca/campus-life/student-services](http://www.ulethbridge.ca/campus-life/student-services)

**Student Success Centre:** [www.ulethbridge.ca/student-success-centre](http://www.ulethbridge.ca/student-success-centre)

**Accessible Learning:** [www.ulethbridge.ca/ross/alc](http://www.ulethbridge.ca/ross/alc)

**Counselling Services:** [www.ulethbridge.ca/counselling](http://www.ulethbridge.ca/counselling)





**Required courses and notes**

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**Major Requirements (16 Courses)**

- \_\_\_\_\_ 1. Indigenous Studies 1000 - Introduction to Indigenous Studies: Canadian Contexts
- \_\_\_\_\_ 2. Indigenous Studies 1010 - Core Concepts and Theories in Global Indigenous Studies
- \_\_\_\_\_ 3. Indigenous Studies 1100/Linguistics 1100 - Language and Culture in Indigenous America
- \_\_\_\_\_ 4. One course (3.0 credit hours) in Blackfoot or Cree  
\_\_\_\_\_
- \_\_\_\_\_ 5. **One of (Language and Linguistics):**
  - \_\_\_\_\_ Indigenous Studies 2750/Linguistics 2750 - Endangered Languages
  - \_\_\_\_\_ Blackfoot 2210 - Structure of the Blackfoot Language
  - \_\_\_\_\_ Cree 2210 - Structure of the Plains Cree Language
- \_\_\_\_\_ 6. **One of (Art and Literature):**
  - \_\_\_\_\_ Indigenous Studies 2300 - North American Indigenous Art History and Theory
  - \_\_\_\_\_ Indigenous Studies 2350/Art 2350 - Indigenous Art Studio I
  - \_\_\_\_\_ Indigenous Studies 2605/English 2605 - Introduction to Indigenous Literature
- \_\_\_\_\_ 7. **One of (Culture and History)**
  - \_\_\_\_\_ Indigenous Studies 2400 - Comparative Traditional Indigenous Economies
  - \_\_\_\_\_ Indigenous Studies 2455 - Social Organization: Kinship
  - \_\_\_\_\_ Indigenous Studies 2500 - Indigenous Histories of Canada
  - \_\_\_\_\_ Indigenous Studies 2550 - Indigenous Histories of the United States
  - \_\_\_\_\_ Indigenous Studies 3220 - Oral Histories/Life Stories
  - \_\_\_\_\_ Indigenous Studies 3860 - Seminar in Indigenous North American Histories, Archaeologies, and Cultures (Series)
- \_\_\_\_\_ 8. **One of (Law and Politics)**
  - \_\_\_\_\_ Indigenous Studies 2100 - Indigenous Peoples and Law
  - \_\_\_\_\_ Indigenous Studies 3500 - Indigenous Treaties in an International Context
  - \_\_\_\_\_ Indigenous Studies 3550 - Settler Colonial Policies and Indigenous Sovereignties
- \_\_\_\_\_ 9. **One of (Contemporary Themes)**
  - \_\_\_\_\_ Indigenous Studies 2360 - Indigenous Popular Cultures
  - \_\_\_\_\_ Indigenous Studies 2700 - Indigenous Women
  - \_\_\_\_\_ Indigenous Studies 3700 - Indigenous Health
- \_\_\_\_\_ 10.-13. Four courses (12.0 credit hours) in Indigenous Studies at the 3000/4000 level
  - \_\_\_\_\_ 10. \_\_\_\_\_
  - \_\_\_\_\_ 11. \_\_\_\_\_
  - \_\_\_\_\_ 12. \_\_\_\_\_
  - \_\_\_\_\_ 13. \_\_\_\_\_
- \_\_\_\_\_ 14. One course (3.0 credit hours) in Indigenous Studies at the 4000 level  
\_\_\_\_\_
- \_\_\_\_\_ 15.-16. Two additional courses (6.0 credit hours) in Indigenous Studies, Blackfoot, or Cree
  - \_\_\_\_\_ 15. \_\_\_\_\_
  - \_\_\_\_\_ 16. \_\_\_\_\_

**Electives (24 Courses)**

- \_\_\_\_\_ 17.-40. Twenty-four additional courses (72.0 credit hours) chosen to complete program requirements
- \_\_\_\_\_ 17. \_\_\_\_\_
- \_\_\_\_\_ 18. \_\_\_\_\_
- \_\_\_\_\_ 19. \_\_\_\_\_
- \_\_\_\_\_ 20. \_\_\_\_\_
- \_\_\_\_\_ 21. \_\_\_\_\_
- \_\_\_\_\_ 22. \_\_\_\_\_
- \_\_\_\_\_ 23. \_\_\_\_\_
- \_\_\_\_\_ 24. \_\_\_\_\_
- \_\_\_\_\_ 25. \_\_\_\_\_
- \_\_\_\_\_ 26. \_\_\_\_\_
- \_\_\_\_\_ 27. \_\_\_\_\_
- \_\_\_\_\_ 28. \_\_\_\_\_
- \_\_\_\_\_ 29. \_\_\_\_\_
- \_\_\_\_\_ 30. \_\_\_\_\_
- \_\_\_\_\_ 31. \_\_\_\_\_
- \_\_\_\_\_ 32. \_\_\_\_\_
- \_\_\_\_\_ 33. \_\_\_\_\_
- \_\_\_\_\_ 34. \_\_\_\_\_
- \_\_\_\_\_ 35. \_\_\_\_\_
- \_\_\_\_\_ 36. \_\_\_\_\_
- \_\_\_\_\_ 37. \_\_\_\_\_
- \_\_\_\_\_ 38. \_\_\_\_\_
- \_\_\_\_\_ 39. \_\_\_\_\_
- \_\_\_\_\_ 40. \_\_\_\_\_



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**Liberal Education List Requirement**

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. IGBM 3250/INDG 3250 counts toward the limit for Dhillon School of Business courses and Indigenous Studies).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (ADCS, HLSC, INHL, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, FINC, GLBU, HRLR, IGBM, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2025/2026 University of Lethbridge Undergraduate Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar).

\_\_\_\_\_ **1.-4. List I: Fine Arts and Humanities**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_

\_\_\_\_\_ **5.-8. List II: Social Science**

- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_

\_\_\_\_\_ **9.-12. List III: Science**

- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

**General Requirements**

\_\_\_\_\_ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.

\_\_\_\_\_ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.

\_\_\_\_\_ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.

\_\_\_\_\_ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).

\_\_\_\_\_ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).

\_\_\_\_\_ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ACCT, ADCS, AGEM, CDEV, CRED, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.

\_\_\_\_\_ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

\_\_\_\_\_ **1.-12. Introductory Course Limit**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ACCT, ADCS, AGEM, CDEV, CRED, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

\_\_\_\_\_ **1.-15. Senior Course Requirement**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_
- \_\_\_\_\_ 13. \_\_\_\_\_
- \_\_\_\_\_ 14. \_\_\_\_\_
- \_\_\_\_\_ 15. \_\_\_\_\_

**Optional Minor:** \_\_\_\_\_

For information about minors see **Minors** in the 2025/2026 University of Lethbridge Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar). Consult with an Academic Advisor if you wish to add a minor to your program.

\_\_\_\_\_ **1.-6. Required Courses**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_



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Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

**Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.**

### First Year

- Indigenous Studies 1000**
- Indigenous Studies 1010**
- Indigenous Studies 1100/Linguistics 1100
- One of: Blackfoot or Cree course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course

### Second Year

- Indigenous Studies list course
- Indigenous Studies list course
- Indigenous Studies list course
- Indigenous Studies list course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Elective
- Elective
- Elective
- Elective

### Third Year

- Indigenous Studies list course
- Indigenous Studies 3000/4000 level
- Indigenous Studies 3000/4000 level
- One of: Indigenous Studies, Blackfoot, or Cree elective
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective

### Fourth Year

- Indigenous Studies 4000 level
- Indigenous Studies 3000/4000 level
- Indigenous Studies 3000/4000 level
- One of: Indigenous Studies, Blackfoot, or Cree elective
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level

**Note:** Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program. Students are advised to review the prerequisites for elective courses within the major and plan accordingly.